



**\$88.3 million to increase mental health service capacity: DSHS Exceptional Item**

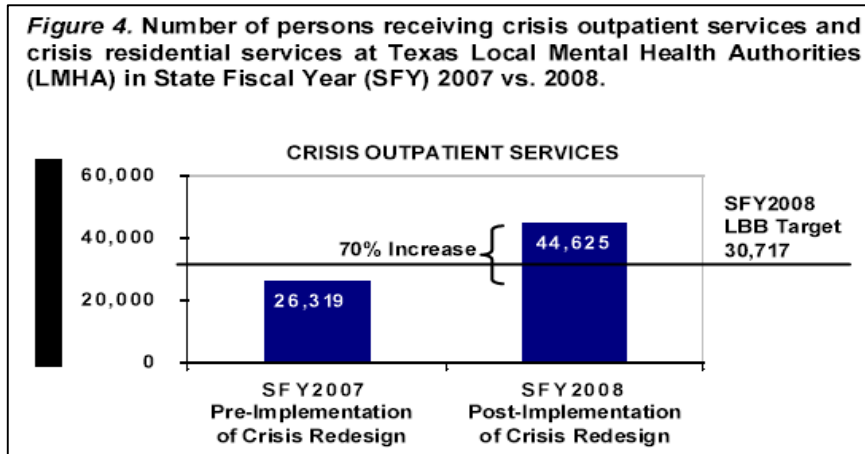
### **Crisis Services Redesign an Investment in Texas Communities**

- \$82 million from 80<sup>th</sup> legislature invested in:
  - Crisis hotline – certified statewide
  - Mobile Crisis Outreach Teams (MCOT)—deployed statewide
  - Outpatient competency restoration—4 local service areas
  - Psychiatric Emergency Service Centers—15 local service areas
  - Jail diversion initiatives and alternatives to psychiatric hospitalization

### **Return on Investment**

- Texas Local Mental Health Authorities experienced a significant increase in demand on the crisis system from FY 2007 to FY 2008:

**Figure 4. Number of persons receiving crisis outpatient services and crisis residential services at Texas Local Mental Health Authorities (LMHA) in State Fiscal Year (SFY) 2007 vs. 2008.**



- Reduction in psychiatric hospitalizations
  - 17% of crisis service episodes at LMHAs resulted in a state-funded psychiatric hospitalization within 30 days in FY2008 compared to 21% in FY2007, a 19% relative decrease (DSHS, 2008).

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### Return on Investment (continued)

- A comparison of the cost per person for DSHS-funded crisis outpatient or residential services to the estimated cost per person for treatment in a state funded psychiatric or community hospital, yields a clear picture of the cost offsets of Crisis Redesign to the State are considerable (DSHS, 2008). See *table 1*:

**Table 1. Estimated cost per person for DSHS-funded crisis outpatient and residential services vs. state or community psychiatric hospitalization**

TREATMENT EPISODE	ESTIMATED COST PER PERSON
Crisis Outpatient Services	\$543 <sup>a</sup>
Crisis Residential Services	\$1,955 <sup>b</sup>
State Psychiatric Hospitalization	\$9,650 <sup>c</sup>
Community Psychiatric Hospitalization	\$3,618 <sup>d</sup>

<sup>a, b</sup> SFY2008 Crisis Redesign Texas Legislative Budget Board (LBB) Performance Measures, DSHS Client Assignment and Registration (CARE) system, NorthSTAR Data Warehouse, and Report III (i.e., Accounting Ledger by LMHAs) for Crisis Services.

<sup>c</sup> 25 days for civil commitment (SFY2008 average length of stay, DSHS CARE) x \$386 per day (SFY2008 LBB Performance Measures).

<sup>d</sup> 9 days (SFY2004, DSHS Report on Community Hospitals, Rider 64, House Bill 1, 78<sup>th</sup> Texas Legislature) x \$402 per day (SFY2008 LBB Performance Measures).

### Prevent a Crisis Driven System

- Lack of ongoing community-based treatment after crisis is resolved.

**Texas A & M Crisis Services Redesign Evaluation:** *CSR funds are improving community-based support for people in mental health crisis. The significant growth in mental health crisis services has not been balanced by comparable investment in ongoing routine services which is needed to prevent a crisis-driven mental health system.*

### Increase Mental Health Service Capacity

- Invest \$88.3 million:
  - Crisis Transitional Services—intensive post-crisis services
  - Intensive Ongoing Services—longer term treatment and services
  - Psychiatric Emergency Centers—intensive crisis and emergency psychiatric services

#### **\$66.2 million to expand Substance Abuse Services: DSHS Exceptional Item**

Increase provider rates, increase treatment capacity, expand prevention services and expand outpatient substance abuse Medicaid benefits.

**Support DSHS Exceptional Items—an investment in ongoing mental health and substance abuse services to address critical need in communities and reduce burden on local law enforcement, emergency rooms and psychiatric hospitalization.**