



**Preliminary Schedule of Events**

**Wednesday, June 16**

8 a.m. – 5 p.m.

Registration

8 a.m. – Noon

Exhibit Set-up

8:30 a.m. – Noon

**Staff Meetings**

1. Behavioral Health Consortium
2. Executive Director’s Consortium
3. Executive and Board Administrative Group
4. Nursing Leadership Group

Noon – 1 p.m.

Lunch on your own

1 – 5 p.m.

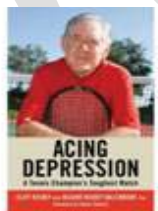
Exhibitor Move-in

1 – 3 p.m.

**Opening Session**



Session Opener:  
Magician Curt Miller



Featured Speaker:  
Cliff Richey



3 – 3:30 p.m. Break

3:30 – 5 p.m. **BREAKOUT SESSIONS**

## **1. Multigenerational Workforce: An Opportunity to Celebrate and Embrace**

This is the first time in our history that four generations are working side by side to create our present and our future. This course will focus on learning to celebrate, embrace and utilize our similarities and differences to connect and expand ourselves. “In our every day deliberation, we must consider the impact of our decisions on the next seven generations.”

Ghasem Nahvipour, Chief Executive Officer, Center for Life Resources

## **2. \*Dazed and Confused: Is it Dementia, Delusions, or Life-threatening Delirium?**

***Nursing continuing education credits have been requested from the Texas Nurses Association***

Research has demonstrated that up to 60 percent of all cases of delirium are not recognized as a medical emergency. This can be disastrous! In the general population, delirium is often misdiagnosed as a psychiatric illness when the origin of the condition is medical, not psychiatric in nature. Additionally, individuals with psychiatric disorders can develop a medical delirium unrelated to their psychiatric condition. Accurate assessment and early intervention are critical. This presentation will focus on assessment and intervention of delirium and pre-delirium states.

Diane Faucher Moy, MSN, RN, PMHCNS-BC, State Nursing Director, Texas Department of State Health Services

Lauren Parsons, MD, Clinical Director for Operations, North Texas State Hospital



### **3. \*Infant Mental Health in a Part C Program: Promoting Social Emotional Development and Early Relationships**

***Nursing continuing education credits have been requested from the Texas Nurses Association***

This presentation will focus on a Part C model for delivering infant mental health/social emotional services. Specific discussion will include philosophy, practice issues, triage/referral systems, evaluation and intervention strategies, diagnosis and behavioral health billing and challenges to providing these needed services to young children and families.

Michele Gortney, Director of Specialized Services, ECI of North Central Texas

### **4. Cease Smoking Initiative (CSI): A Program to Assist People with Chronic Mental Illness and/or Substance Abuse to Quit Smoking**

Studies indicate that people with mental illness represent 44.3% of the US tobacco market and usually have a 20 – 25 year shorter life expectancy than the general population. Spindletop staff created a five session smoking cessation program designed to address the needs of people with serious mental illness. The program provides education, helps participants obtain support, analyzes why they smoke and provides an individualized report about their smoking and why they continue to use tobacco. The presentation will cover the outline for the groups, cost of the program, how to train staff to present the groups and data analysis of the groups that have been performed.

Sally Walden, MA, LMFT, Director of Network Services, Spindletop MHMR Services

Garret Craver, M.ED., LPC, Administrator of Crisis and Intake Services, Spindletop MHMR Services

Rita Kay Drake, LPC Supervisor, AAC, LCDC, IOCAADC, Crisis/Intake Therapist Team Leader, Spindletop MHMR Services



## 5. Brain Play In Later Life

***Nursing continuing education credits have been requested from the Texas Nurses Association***

MENTAL AEROBICS is a program designed to enhance self-esteem and cognitive functioning of older adults in the context of group sessions that emphasize having fun, sharing ideas cooperatively, and developing solutions to challenging problems. Persons who no longer believe they can produce creative answers and solve problems are encouraged to believe in themselves by their own successful performances. The program is quite adaptive and its format can be changed to fit a variety of settings.

Kay Paggi, LPC, National Certified Gerontological Counselor, Aging Care Solutions

## 6. \*Replicating the Texana Autism Day Treatment Program at Andrews Center

***Nursing continuing education credits have been requested from the Texas Nurses Association***

Two MHMR Centers have worked together to successfully provide intensive Applied Behavior Analysis (ABA) treatment for children with autism spectrum disorder through a day treatment program. The collaboration between the two MHMR Centers will be described with details of establishing the newest program in Tyler. Working within the MHMR system to provide a private pay program will be described. Key components for treatment and business success will be described with treatment outcome data.

Texana Center has served over 100 children in their day treatment program since 2004 and Andrews Center opened their program in November 2009.

Allison Sterken and Kimberly Butler, Andrews Center



## 7. Bridging the Gap Between Clinical and IT Staff

Successful implementation of the federal mandate for implementation of an electronic health record necessitates “bridging the gap” between technical architecture and clinical processes and content. A panel of experts from each field will discuss ways that information technology can aid in delivering clinical services as well as the economic benefits of technology derived by overcoming some common barriers seen in center cultures.

Angela Hardy, MIS Manager/System’s Analyst, Anderson/Cherokee Community Enrichment Services (ACCESS)

Roddy Atkins, M.Ed., Executive Director, Helen Farabee Regional MHMR Centers

Andrea Richardson, CEO Bluebonnet Trails Community MHMR Center

Terry Reeder, LPC, Mental Health Education Specialist, Burke Center

**5:30 – 7 p.m.**

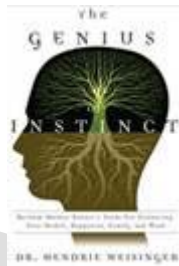
**Trustee /Executive Director Reception**

**\*End of First Conference Day\***



**Thursday, June 17, 2010**

- 7:30 a.m. – 5 p.m. Registration
- 7:30 a.m. – 3:30 p.m. Exhibit Hall Open
- 7:30 – 8:30 a.m. Continental Breakfast (Exhibit Hall)
- 8:30 a.m. – 10 a.m. General Session**  
Frank M. Adams Award Ceremony



Featured Speaker:  
Dr. Hendrie Weisinger

- 10 – 10:30 a.m. Break (Exhibit Hall)



10:30 a.m. – Noon

**General Session: Panel on National Perspectives**

**Linda Rosenberg**, MSW President and CEO of the National Council for Community Behavioral Healthcare,

**Ron Manderscheid**, Ph.D, Executive Director, the National Association of County Behavioral Health and Developmental Disability Directors (NACBHDD)

**To Be Announced:** Negotiations are underway to secure a panelist with a focus on IDD services!

Nationally recognized panelists will share perspectives on current discussions in Congress, health care reform and other current issues affecting behavioral health and intellectual and developmental disability services (IDD).

Noon – 1:30 p.m.

**Lunch (Exhibit Hall)**



1:30 – 3 p.m.

## BREAKOUT SESSIONS

### 1. Engage the Unengaged

As challenging as it is to establish and maintain engagement it's not a wonder "Engagement" is the current buzz word. By attending this positive, entertaining workshop, you will learn how to engage every person in your life, and how to communicate with them once they are engaged. "It is the freedom we give each other that connect us."

Ghasem Nahvipour, Chief Executive Officer, The Center for Life Resources

### 2. \*A Culturally Competent Approach to Family Education and Support

**Nursing continuing education credits have been requested from the Texas Nurses Association**

This presentation will review two nationally recognized conferences held by Community Centers that provide free access and information to families and consumers on available state and local community resources and services to diverse communities in a culturally relevant manner. Speakers will focus on success, challenges and provide advice on how to develop these supports in your local communities.

Iliana Gilman, Director of Communications, Austin Travis County Integral Care

David Luna, Director of Border Affairs, Texas Health and Human Services Commission



### **3. \*Emotional Intelligence at Work**

#### **Nursing continuing education credits have been requested from the Texas Nurses Association**

This presentation will provide an overview of emotional intelligence (EI) and discuss how EI impacts our lives at work and home. Participants will be provided with strategies to develop EI competencies and methods to integrate EI into their organizational structure. Some of the areas to be addressed are self awareness, mood management, self motivation, emotional mentoring and interpersonal expertise just to name a few. Participants will have the opportunity of participate in experiential EI exercises.

Dr. Hendrie Weisinger, World renowned psychologist and New York Times Bestselling Author

### **4. The Role and Importance of ABA in Early Childhood Intervention - How it Works**

Providing Applied Behavior Analysis (ABA) or other time intensive therapies is a challenge for staff and families. This presentation will show how it works for families and children receiving services from ECI and how it fits with the philosophy. Discussion will include how to set up the programs, how to meet family needs, and get them involved in the whole process... This session will address the benefits of intensive services at such a young age and discuss the research that backs the provision of these services.

Jennifer Caffee, Early Intervention Specialist, ECI of Life Path Systems

Brooke Janacek, Program Administrator-McKinney ECI

Beth Lynch, Early Intervention Specialist, ECI of Lifepath Systems



## **5. Making the Case for Behavioral and Primary Care Integration: The Impact of Health Reform on the Integration Discussion**

This workshop will discuss the current factors supporting the integration of behavioral health and primary care, including the impact Health Care Reform could have on integration initiatives. Policy, administrative, financial and clinical implications of the integration of behavioral health and primary care will be explored. Examples from within the state of Texas as well as national models will be discussed. Designed as a basic overview of behavioral health and primary care integration, this workshop will be quite interactive and is targeted for a general audience.

Kathleen Reynolds, Vice President for Health Integration and Wellness, The National Council for Community Behavioral Healthcare

## **6. Providing Short Term Behavior Analytic Treatment to Teach Children and Families Strategies to be Successful in their Own Home**

This presentation will give an overview of an effective treatment model for children and adolescents with developmental disabilities who experience severe behavior problems that put them and their families at risk of harm and/or long term placement. Families work closely with Board Certified Behavior Analysts to learn strategies to maintain improvements in their home so the child and the family are successful in their lives together. Examples and outcomes of this treatment will be presented.

Kate Johnson-Patagoc, Behavior Analyst, Texana Center



**Recommended for Trustees (1:30- 3:00 p.m.)**

**Effective Communications/ Media Training**

Media Trainer, **Nellie O’Brien**, brings a wealth of communications experience drawn from a variety of careers involving performing, educating and interacting with the public. A professional broadcaster by trade, she has been involved in training programs and seminars for Fortune 500 companies, health care organizations and industry associations for over fifteen years.

In this session, Ms. O’Brien will share effective communication strategies, including developing effective messages for use with media and other stakeholders and managing communications in response to a crisis.

Nellie O’Brien, Founder and President, CompElle! Communications, Nellie O’Brien, Inc.

3 – 3:30 p.m. Break (Exhibit Hall)

**3:30 – 5 p.m. BREAKOUT SESSIONS**

**1. Legalities, Policies, and Procedures for Social Networking**

As the future is now the present, each Center is presented with a new set of challenges. This is especially true when taking into account that we have three generations in the workplace and each brings with them their own set of skills and level of technology expertise. Centers need to be aware of the legal pitfalls of networking Sites such as Facebook and Twitter. We all know these can be very useful tools for recruiting, clinical networking, administrative networking, and even in clinical practice. This session is meant to be a primer on the legalities and special circumstances that might arise in the future.

Pamela L. Beach, R.N., J.D, Attorney at Law, Texas Council Risk Management Fund

Linda Patrice Bell, BSN, RN, JD, Director of Legal Affairs, The Gulf Coast Center



## 2. Veterans and Family Mental Health Services – Governor’s Funding for LMHAs

On November 11, 2009 Governor Rick Perry announced \$5 million dollars in grant funding to expand and improve mental health support programs for veterans and their families. The workshop will review the expectations of the Governor’s Office and DSHS hear from a contract provider assisting several of the LMHAs in grant implementation and have two competitive grant recipients describe their unique approach to expanding services for veterans and their families in their communities.

Tom Mitchell MA LPC-S NCC, State Director, US VETS

Sam Shore, MH Transformation and Behavioral Health Operations, Department of State Health Services

Stephanie Mole, CEO/TX Project Director, Grace After Fire

Ted Hughes, Veterans Resources Coordinator, Texas Department of State Health Services

Andrea Richardson, CEO Bluebonnet Trails Community MHMR Center

Rose Childs, Deputy Director of Mental Health Services, MHMRA of Harris County



### **3. Employment Services for Persons with Disabilities**

This session will describe the Department of Aging and Disability Services Employment Services (DADS) Training and Technical Assistance Initiative, the coordination process between DADS and the Department of Assistive and Rehabilitative Services (DARS), and resources related to Medicaid and Social Security Benefits.

Adrienne Nevola, Policy Specialist Texas Department of Aging and Disability Services

Lee Brown, Director Contract Management, Community Healthcore

Ray Williams, IDD Authority Services Director, Betty Hardwick Center

Nancy Bailey, Executive Director, Advocates for Abilene

### **4. From ACT to Recovery!**

Participants will learn: (1) recovery from mental illness is possible; (2) about the successful Prosumer Program designed to equip for recovery and sustain resilience in its members, and (3) engage in a dialogue about readiness of existing systems to be recovery based.

Janet Paleo, Executive Director/Co-owner, Prosumers International/PRO International

Anna H. Gray, Co-Owner/Managing Consultant, Prosumers International/PRO International

### **5. UM Service Authorization for IDD Services**

**TBA**

Linda Thompson, Lifepath Systems

Mary Fredricks, Metrocare Services

Pat Wareing, LCSW, Chief Operating Officer, Gulf Coast Center



## 6. \*Using Developmental Theories to Address Issues of Infant and Toddler Sleep

**Nursing continuing education credits have been requested from the Texas Nurses Association**

This presentation will address normative patterns of infant sleep and how to provide families information helpful to development of safe and developmentally supportive sleep choices. The discussion will include a review of normative sleep development, relevant developmental theory, approaches to best practices, importance of family goals and cultural perspectives associated with nighttime care. Information will be based on a review of literature and research completed by the presenter.

Wendy Middlemiss, Ph.D., Associate Professor, University of North Texas, Department of Educational Psychology

## 7. Effective Communications/ Media Training

**In this session designed specifically for people that manage local media relations and those who respond directly to media inquiries**, Ms. O'Brien will share effective communication strategies, including developing effective messages for use with media and other stakeholders and managing communications in response to a crisis.

Nellie O'Brien, Founder and President, CompElle! Communications, Nellie O'Brien, Inc.



**Recommended For Trustees (3:30 – 5:00 p.m.)**

**Supporting the Organization In the Implementation of Behavioral Health and Primary Care Integration: The Role(s) for Board Members**

This workshop, designed for executive staff and board members will discuss the roles of the Board in setting policy, supporting implementation and monitoring and evaluation of integrated health initiatives. Issues including Board leadership, management support and “coaching” will be discussed.

Kathleen Reynolds Vice President for Health Integration and Wellness, The National Council for Community Behavioral Healthcare

6 – 7:30 p.m.

**Center Party!!**

**\*End of Second Conference Day\***

DRAFT



**Friday, June 18**

- 7:30 a.m. – Noon Registration
- 7:30 – 8:30 a.m. Staff Continental Breakfast
- 7:30 – 8:30 a.m. Trustee Breakfast

**8:30 – 10 a.m. BREAKOUT SESSIONS**

**1. Mental Health Jail Diversion Strategies in Central Texas**

This session will describe mental health jail diversion strategies in two very different rural settings in Central Texas. John Bradley, District Attorney in Williamson County, and Chair of the Texas Correctional Office on Mental and Medical Impairments, (TCOOMMI) will discuss diversion strategies in a growing, but still partially rural, community just north of Austin. Dr. Susan Stone, and Andrea Richardson, Executive Director of Bluebonnet Trails MHMR Center will discuss efforts to develop court based strategies, with the assistance of telemedicine, in rural Fayette County, Texas. The Fayette County Mental Health Court Project is supported by a Criminal Justice Mental Health Collaboration Grant from the Bureau of Justice Assistance as well as TCOOMMI.

John Bradley, DA, Williamson County

Susan Stone, JD, MD

Andrea Richardson, CEO Bluebonnet Trails Community MHMR Center



## 2. Mental Health Emergencies, Emergency Detentions and Medical Clearances under Mental Health Code in Texas

Those who attend this workshop will be more aware of signs and symptoms of medical conditions presented during mental health emergencies that may require medical clearance and understand ways to collaborate with local law enforcement, under their interpretation of the AG Opinion, to have them deviate to a medical emergency room for that purpose.

Arvim Fishkin, M.D., President and Chief Medical Officer of JSA Health

Shelley Smith, CEO, West Texas MHMR Centers

Stan Parker, Sheriff of Howard County, Texas

## 3. \*Project Integrity: A New Vision of Service” (Discussion of the impact of the DOJ findings and how they relate to integrated care for the IDD population in community settings)

### ***Nursing continuing education credits have been requested from the Texas Nurses Association***

In December of 2008, the Department of Justice reported to Governor Perry the findings of its CRIPA investigation of the DADS state facilities in Texas. Subsequently, MHMRA of Harris County formed a task force to study the DOJ findings and consider implications related to community-based services. The task force, known as Project Integrity, was composed of members both within and external to the agency, including advocates and professionals. This presentation will review the work of the task force, articulate the discovery of common themes within the DOJ report, and explore “lessons learned” that can inform our ongoing service to persons with IDD and promote quality of care.

Sarah R. Flick MD, Medical Director, Intellectual Disability Services Division, MHMRA of Harris County



#### **4. “Git R Done”: Improving Efficiency with Data and Information**

This presentation will focus on ways to increase efficiency in day to day operations of various programs associated with DADS, DARS and DSHS. Technology has made significant advances within the past few years and employees and administrators can use this technology to help run a productive, efficient and positive organization. This session will target people who feel overwhelmed in meeting various requirements in their organization and will help provide tools and ideas to help people feel more confident to stay on track on a daily basis. Specific data discussed includes, but is not limited to: TRAG assessment, IPC, T-Kids, BHIPs., Financial Monitoring and Safety Monitoring.

Dion White, M B.A., Chief Services Officer, Central Plains Center

#### **5. The Role of the Crisis Residential Unit as a Cost-Effective Diversion from Hospitalization and Incarceration**

This presentation is a retrospective review of what has worked to divert clients from more expensive services and what has not worked. A “brainstorming” component of the presentation seeks to give the audience an opportunity to discuss possible improvements to the crisis residential unit model. The presentation will rely on data gathered from the MHMRA Crisis Residential Unit over the past 5 years, including anecdotal data, and information gathered from other similar programs.

Mende Snodgrass, JD, LCSW, Unit Manager, MHMRA Harris County



10 – 10:30 a.m. Break

**10:30 a.m. – Noon BREAKOUT SESSIONS**

### **1. How Do We Work Together to Help Students Transition to Postsecondary Services?**

This session will explore ways that Education Service Centers and other agencies can work together to provide a smooth transition from school to postsecondary services. We will brainstorm and seek ways of assisting each other to better help young people with disabilities.

Jeanne Patrick, Transition Specialist, Education Service Center, Region VI

### **2. Continuity of Care Task Force Meeting**

This is the final meeting of the Continuity of Care Task Force. The meeting will serve as a mechanism to update Task Force members and the public about the developments of the public hearings. The Task Force members will also finalize their recommendations about Continuity of Care. The Task Force will take public testimony about the final recommendations.

In Attendance:

Susan Stone, JD, MD

Mike Maples, Assistant Commissioner for Mental Health and Substance Abuse, DSHS



### **3. Improving Diversion Outcomes Through Partnerships Between Mental Health Professionals & Law Enforcement**

Persons with mental illness involved with the criminal justice system and are untreated results in the over-utilization of law enforcement time and resources. The unique partnership between mental health professions from the Mental Health Mental Retardation of Tarrant County (MHMRTC) and area police departments appropriately diverts persons with mental illness from incarceration into treatment services. This partnership is described through a panel discussion enhanced with PowerPoint and a comprehensive video presentation. The partnership has produced an increase in mental health diversions from the criminal justice system.

Steve Moore, Chief of Police, Hurst Police Department

Courtney Janes, LPC-I, CART, Mental Health Law Liaison, MHMR of Tarrant County

Ken Bennett, LcSW, CART, Program Manager of Mental Health Law Liaison Project

Ramey C. Heddins BS, CCHP, Assistant Director Mental Health/Criminal Justice

### **4. Next Wave of Support: Online Services and Crisis Intervention**

Crisis Hotline will start providing Online Emotional Support May 10, 2010. Topics for presentation will be: need for services, National project review, current trends and future development. This service will be an addition to the Crisis Hotline and will be housed in the same location. Additional discussion will include differences between language and interactions with clients via hotline and online services.

James Wright LPC, Psychiatric Emergency Services and Crisis Hotline Manager, Austin Travis County Integral Care

Brooke Wilbraham LMSW, Program Evaluator Crisis Services, Austin Travis County Integral Care



**5. \*Clinical Documentation To Support Patient Social Security Administrative (SSA) Claims With The Administrative Law Judge**  
*Nursing continuing education credits have been requested from the Texas Nurses Association*

After applying for benefits through SSA, you have been denied and are in the reconsideration process. Now what do you do? The good news is you can appeal the decision to the Administrative Law Judge, but how do you do that? How do you prepare to meet the judge? How does one prove that the claimant meets the medically requirements for a SSA disability? These questions will be answered in this training. The presenter, Dr. Darryl Knox is a medical director for Harris Ct. MHMR and also contracts with the local Administrative Law Judges to assist the ALJ in his decision in determining if a claimant does meet the medical requirements for SSA disability.

Darryl Knox MD, CPEP Medical Director MHMR of Harris County

**6. Consumer-Focused Communications and Social Media**

This workshop explores cost-effective and practical communication strategies that meet the unique needs of a Community center. Topics include targeted messaging, branding, outreach and emerging social media for non-professionals.

Iliana Gilman, Director of Communications, Austin Travis County Integral Care

Laura Walsh, Director of Communications, CommUnityCare (FQHC)



**3 Hour Sessions: June 18, 2010, 8:30 a.m. - 12:00 p.m.**

### **ETHICS: A MUSICAL COMEDY IN TWO ACTS**

Dancing Moose Productions presents **Ethics: A Musical Comedy**, a continuing education course focused on ethics. Through satire, humor, and music, Dancing Moose Production will present a series of satirical vignettes to foster introspection regarding personal ethics issues. Attendees will come to appreciate how critical ethical conduct is in a professional's life. Expectations and responsibilities are made clear in each entertaining vignette.

### **\*Auditory Brain Development: The Key to Listening, Language, and Literacy**

***Nursing continuing education credits have been requested from the Texas Nurses Association***

Technological advances have allowed scientists to peer into the mysterious "black box" of the brain. As a result, new information has catapulted the role of brain neuroplasticity to the front of the line in early intervention and early childhood programs. Utilizing a research to practice paradigm, this seminar will summarize current research on brain development as related to the pivotal role of the pediatric audiologist. Then, a rationale for early brain access and stimulation will be constructed. Current listening, speaking, and literacy outcomes created by modern technology, auditory management, and family-centered early intervention will be highlighted. Participants will take home tips for "Growing the Brain for Sound".

Carol Flexer, Ph.D. Distinguished Professor Emeritus, Audiology, The University of Akron, Akron, Ohio



## Recommended for Trustees

**(8:30 a.m. – 10:00 a.m.)**

**Health Care Reform: Future Implications, Opportunities and Challenges**  
**Health Management Associates**, a national research and consulting firm specializing in complex health care program and policy issues, will lead a discussion on the implications of Health Care Reform for Texas Community Centers.

**(10:30 a.m. – 12: 00 p.m.)**

### **Roles and Responsibilities for Board of Trustees**

General Counsel, **Carvan Adkins**, back by popular demand, will provide a session that covers the fiduciary and policy responsibility of a Board of Trustees, including the role and limitations of individual board members and the basic responsibilities of board leadership (e.g., role of the Chairperson).

**Conference Ends 12:00 p.m.**



### \* **Continuing Education Units**

Social Work, Licensed Professional Counselor (LPC) and Licensed Marriage and Family Therapist (LMFT) CEU credits will be offered for all educational sessions. No partial CEU credits will be given at the sessions. Successful completion of the session is required to receive continuing education credit.

Nursing Contact hours have been applied for through the Texas Nurses Association, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Application has been made for a maximum of 16.5 continuing nursing education contact hours. You must have attended the session in its entirety to receive contact hours. The Individual Attendance Form will serve as the certificate of successful completion of CNE activities.

**Disclosure of Policy for CNE Activities Receiving Commercial Support** - Mental Health Mental Retardation Authority of Harris County (MHMRA) and Texas Council of Community MHRM Centers recognize that allowing companies to display commercial products and/or mention their products in the presentations do not imply ANCC Commission on Accreditation, Texas Nursing Association, MHMRA of Harris County or Texas Council of Community MHRM Centers approval or endorsement of the company and/or their product(s).